



## Summary of Sermon

Ps Esther spoke on “Cover and move” - a military term for small groups advancing together and covering or protecting each other. We are created to love God and one another and to need God and one another. It is good to reach out for help when we are stressed; when we want to share successes and failures; when we suffer pain and when we need wisdom. We need

- a culture of affirmation
- availability
- vulnerability/openness - 2 Kings 5 Naaman had to humble himself to receive healing

## Questions

1. “It is authentic community that changes lives, not programmes.” How does being open and vulnerable with the brothers/sisters closest to us to lead to changed lives? Why has God established this as His way of changing lives?
2. Our faith is “not about how well we sing on Sunday but how well we live during the week.” How does our living well impact the people we live amongst and the people we work or study with?
3. Can you think of some more ways people in your Life Group can do what Ps Esther spoke about - develop friendships, have fun and grow in prayer and love of God?